Lesson 5 Limitations

Questions:

• Can my thoughts affect other people?

<u>Yes</u> <u>No</u>

• Is the thought and the outcome equal?

Yes No

• Are size, strength and number of repetitions factors affecting the outcome?

<u>Yes</u> <u>No</u>

Homework: Write on a piece of paper, notecard, or sticky note:

- ALL things are possible for me.
- I can create all things.